

Benefits to the mentee

Gain support with developing your career path or understand requirements to get into a field of interest

Increase confidence, self-awareness and feel more empowered with your career development strategy

An opportunity for knowledge transfer and develop new skills

Gain support while you study

Build a career development strategy with your mentor so you are better equipped to take steps to securing your next role

Gain from the knowledge, experience and expertise about a specific career area or industry field

Advice on how to stand out and improve employability, like help with tailoring your CV so it stands out or practise your interviewing skills

Expand your professional and personal networks