After my degree in astrophysics at Sussex, I did a PhD in cosmology at the Institute of Cosmology and Gravitation at the University of Portsmouth where I worked on developing a new technique to classify supernovae. I chose this topic as I was interested in helping to push the cosmological constraints on the standard model and supernovae seemed the most interesting.

I always thought I wanted to be an astronomer. After my PhD, I worked as a post-doctorate researcher at Cambridge for 2.5 years. Whilst doing that, I spent a fair amount of time participating in outreach. I realised that I really enjoyed outreach and decided to make a career move. Every day is different and it’s exciting. One day I can be running a workshop in a primary school and the next I could be giving a lecture to an astronomical society.

My advice would be - don't be scared to try something different. There are so many different careers out there for physicists so try to find out about as many as you can.

"Don't feel you have failed if you choose to do something different from academic research."